

A WORD FROM THE EXPERTS...



I have been a Chiropractor for over 26 years, and I am often asked by my patients which bed they should buy. The answer is not a short one. We spend about a third of our lives in bed and sleep is more than just a routine we go through. A good night of sleep helps our bodies repair not only physically, but mentally as well. Improved sleep goes hand in hand with improved health (including lowering stress, giving protection against diabetes, maintaining a healthy blood pressure and reducing pressure on the spine... the list goes on).

I recommend changing your mattress every seven years, which is approximately after 20,000 hours sleep. In that time we would have shed over 3kg of skin and have sweated nearly 5,000 litres of sweat onto our mattresses! (This also underlines why it is important to regularly air our beds and even Hoover them; you can see that mattresses need to be kept healthy too!)

Try and buy the biggest bed possible so that your partner's movement doesn't wake you. People think nothing of spending £1000+ on a TV but they skimp on the cost of a mattress. A good mattress is an investment in your health, spend as much as you can reasonably afford. If possible, buy a mattress and base together as an old base may damage your new mattress.

Don't worry about a hard or soft mattress, buy one that is 'supportive' for you. A 16 stone person will not get the same support as a 10 stone person sleeping on the same mattress, nor will a person with slim shoulders and hips compared to a person with wider shoulders or hips.

In summary, good sleep is paramount to our physical and mental health and our bed is probably the most important factor in getting a good night's sleep.

Tim Hutchful
British Chiropractic Association



One of the most quoted 'facts' about sleep is that we spend about a third of our lives doing it (that's 1 in every 3 hours of our lifetime!). For most of us that means thousands of times performing roughly the same tasks and rituals before adopting a favourite position in that extra-special place in our homes and our lives - our bed. Science shows that one important consequence of repeatedly falling asleep in a comfortable, familiar bed is that we learn to sleep more efficiently; we go to sleep faster, we sleep more deeply and wake up feeling more refreshed.

Preserving the sleep-promoting qualities of our beds and bedrooms is now a major focus for the maintenance of sleep health. It's very important, for example, that our beds and bedrooms feel re-assuring and comfortable. Science also shows that good sleep quality is essential for daytime concentration, physical performance, and a balanced mood. Whatever your age, and whatever demands you face each day, sleep science delivers a very clear message - if you take care of your sleep, your sleep will take care of you.

It follows from this that we shouldn't take sleep for granted. In much the same way that we look after our health through, for example, our habits and diet, we should also be mindful to look after our sleep. Your bed isn't just furniture; it's an investment in your health and your future. The right bed for you will not just maintain the quality of your sleep, it will maintain the quality of your life.

Professor Kevin Morgan
Clinical Sleep Research Unit at Loughborough University.



www.sealy.co.uk



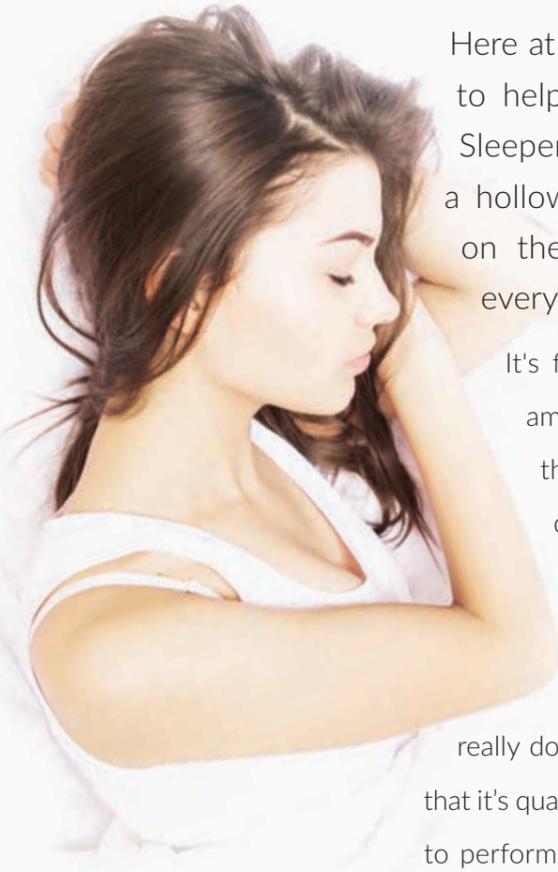
Teramo 1400, still "the best mattress we've tested in years"
Which?
Mattresses June 2016

THE WORLD'S NO.1 BED BRAND THE 2017 COLLECTION



Posturepedic®

THE IMPORTANCE OF SLEEP



Here at Sealy, we have a very simple mission: to help all our customers become Deeper Sleepers. And it's so much more than just a hollow philosophy or something we hang on the walls. This mission literally drives everything we do.

It's for this reason that we spend a significant amount of time and investment on research and the science behind sleep, so that we can develop innovative sleep solutions and share with you the latest in sleep technologies.

The importance of sleep is at the heart of Sealy and thanks to our intense research, we really do understand how the body works. We know that it's quality of sleep, not quantity, that our body needs to perform and recover and a consistent lack of good sleep can hinder mental sharpness, productivity, emotional balance, as well as many other brain and physical functions.

Whatever your age, size or lifestyle, whether you're a trained athlete or busy working mum, we know that if you enjoy deeper sleep, your body is much healthier and more importantly, happier. And, at the end of the day, making our customers feel healthier and happier is what makes us sleep at night.



SEALY - WORLD LEADERS IN THE SCIENCE OF SLEEP

At Sealy we invest in far more than just producing outstandingly good beds. Our worldwide presence means we can call upon technological developments from around the globe to bring the most advanced sleep systems to the bedrooms of our customers in the UK.



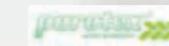
Geltek® is an innovative combination of an extremely elastic gel and air-permeable foam, which brings previously unknown sleeping comfort to everyone who truly appreciates the value of healthy sleep.



Adaptive® is an intelligent textile technology. It allows passive textiles to respond dynamically to environmental changes such as temperature and moisture levels.



Sealy's range of 'Smart Fibres' mattresses hold Allergy UK's Seal of Approval endorsement and give those suffering with allergies the confidence to choose the right mattress.



Sealy Purotex® micro capsules release friendly bacteria into the fabric of the mattress, dehydrating the beds micro climate and stopping the growth of fungi - house dust mites cannot survive without sustenance.



Tencel® Fibres optimize the absorption of moisture with excellent cooling properties. Tencel is 100% organic and biodegradable. The natural attributes do not give bacteria a chance to grow, giving a pleasantly dry, irritation-free sleeping environment.



The natural elasticity of a Latex mattress allows it to spring back into shape as you move in bed and find your most comfortable sleeping position.



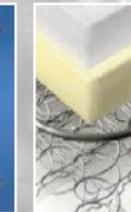
Memory Foam moulds to the contours of your body, using your body's heat, and offers luxurious support and pressure relief.

SEALY SPRING SYSTEMS

There are three spring system used throughout Sealy's bed ranges, each designed to offer a particular aspect of support and comfort.



POSTURETECH ZD (Zero Deflection)
Our most supportive spring system. Ideal for people of above average stature.

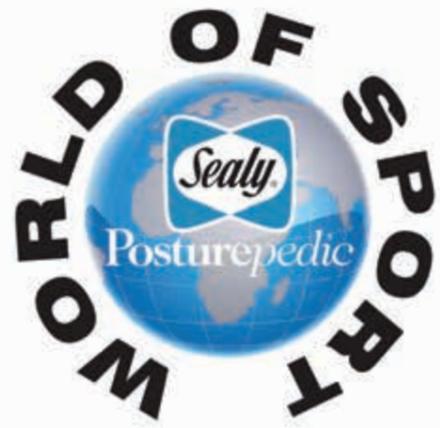


POSTURETECH CS (Core Support)
Orthopaedically superior support without compromising comfort.



POSTUREPOCKET
All the support of Posturepedic. All the comfort of Pocket.





WORLD OF SPORT

"Sleeping on my new Sealy Hybrid Fusion bed means my body has got expert support on a night time too."
 Zoe Smith
 Olympic weightlifter and Commonwealth Champion.

Sporting success and sleep are intrinsically linked. Whether you're in training or recovering from injury, sleep is vital for your health and wellbeing. As the World's No.1 bed manufacturer, we're dedicated to promoting deeper sleep and have developed our 'World of Sport' with this in mind.

We're working with a number of the UK's biggest sports professionals to make sure they achieve the best sleep they possibly can with a view to achieving sporting excellence. So, whether you're suffering with an injury or you're working hard to be your best, we've got the support you need to help you recover and succeed.

"I can really feel the difference between a good and bad night's sleep and this is something I take very seriously. I'm looking forward to spending the rest of the season sleeping in my new Sealy."

Sam Vokes
 Wales and Burnley footballer



"After two years off with a shoulder injury, my Sealy bed has been a crucial part of my recovery. Rest is the best medicine, and this is where my Sealy bed has been a game changer."
 Andy Holgate
 Ironman Triathlon Champion

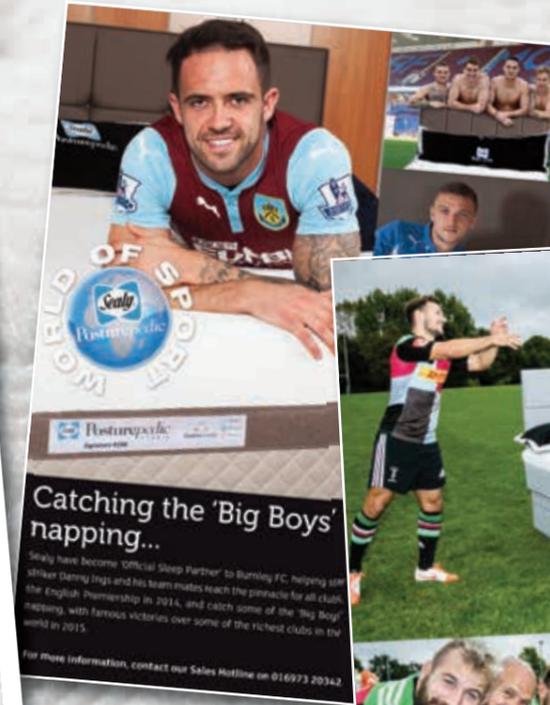


"I've trained and competed around the world, so I've slept in a lot of beds, but my Sealy bed is by far the best I've ever slept in."
 Zoe Gillings-Brier
 Championship Snowboarder

"Sleeping on my new Sealy bed gives my body the support it needs to 'get going' in my training sessions"
 Kim Wilson
 Britain's No.1 Athletic Bodybuilder



"Getting great rest is as important as it ever was, especially as I get older, and I'm looking forward to sleeping deeply and waking up refreshed on my new Sealy."
 Frank Bruno MBE
 former Heavyweight Boxer



Catching the 'Big Boys' napping...
 Sealy have become 'Official Sleep Partner' to Burnley FC, helping striker Danny Ings and his team mates reach the pinnacle for all clubs, the English Premiership in 2014, and catch some of the 'big boys' napping, with famous victories over some of the richest clubs in the world in 2015.
 For more information, contact our Sales Hotline on 016973 20342.



Giving Sealy Beds a try.
 Sealy have become 'Official Sleep Partner' to the Harlequins, the English Premiership rugby union team based in Twickenham. We supply beds to their senior squad, including club captain Joe Marler and scrum half Danny Care, both regular England Internationals.
 For more information, contact our Sales Hotline on 016973 20342.
 www.sealy.co.uk



HYBRID EVOLUTION



When launched, Sealy's revolutionary Hybrid Collection was hailed as the most innovative development in bed technology in years.

And so, with innovation, comes *evolution*.

The re-imagined Hybrid Collection offers all the pioneering technology but with an additional ground-breaking feature...

No need to turn or rotate... *ever*.

Simply put the mattress in place and enjoy.

The stunning, re-fashioned designs all contain Geltex, our unique, gel-infused foam providing breathability, pressure relief, comfort and support.



POCKET ULTIMA 2800
1400 Pocket Springs, 1400 Mini Pocket Springs and 8cm of Geltex. Features Unirail.

NB: Listed spring counts are based on a King Size mattress (measuring 5ft/150cm wide). The amount of springs will alter in a pro-rata basis dependent on mattress size.



REGENCY 3600
1400 Pocket Springs, 2200 Mini Pocket Springs and 4cm Geltex. Features Unirail.

NB: Listed spring counts are based on a King Size mattress (measuring 5ft/150cm wide). The amount of springs will alter in a pro-rata basis dependent on mattress size.



POCKET SERENITY 1400
1400 Pocket Springs and 6cm of Geltex.
Features Unirail.



FUSION
PostureTech CS spring system,
1400 Mini Pocket Springs
and 6cm of Geltex. Features
Unirail.



Geltex inside
SLEEP BETTER. GUARANTEED.

ADAPTIVE



NEW ELECTRIC OTTOMAN BASE
Featuring a powerful remote-controlled
hydraulic raise, the Sealy Electric Ottoman
offers simple, fuss-free access
to generous storage space.



NB: Listed spring counts are based on a King Size mattress (measuring 5ft/150cm wide).
The amount of springs will alter in a pro-rata basis dependent on mattress size.

HYBRID



COOL. FRESH. DRY. HYPOALLERGENIC.



POCKET PERFECTION 2200
1400 Pocket Springs, 800 Mini Pocket Springs
and 6cm of Geltex. Features Unirail.

The Pocket Perfection is shown on an Ottoman base. NB: Listed spring counts are based on a King Size mattress (measuring 5ft/150cm wide). The amount of springs will alter in a pro-rata basis dependent on mattress size.

...still "the best mattress we've tested in years."

Which?

TERAMO 1400

1400 Pocket Springs, Pillow Top mattress. Contains Latex and features Unirail.



POCKET

The Which? accreditation is trusted by the consumer as objective, trustworthy and hugely important when it comes to making major buying decisions. In June 2015 our Pocket Teramo 1400 mattress was awarded a Best Buy by Which? with them saying it was "the best mattress we've tested in years." It received the same accolade in 2016.

What more can we say?



CATANIA 2600

1400 Pocket Springs, 1200 Mini Pocket Springs, and a Box Top mattress. Contains Latex and features Unirail.



NAPOLI 1200

1200 Pocket Springs. Contains Latex and features Unirail.



PADOVA 2200

1400 Pocket Springs, 800 Mini Pocket Springs and a micro quilted Euro Top. Contains Latex and features Unirail.

The award-winning Pocket range encompasses all the support you would expect from Sealy Posturepedic with the luxurious sleeping experience of a pocket spring bed. You truly can have the best of both worlds.

Featuring Unirail, a unique polyethylene system which envelops the pocket springs, enabling the sleeper to utilise the entire sleeping surface, without the fear of rolling off.

The Padova is shown on a Low Base option.

POCKET ORTHO



NAVERRO 1400
1400 Pocket Springs.
Contains Latex. Hand tufted.
Features Unirail.

The Naverro is shown on an Ottoman base. NB: Listed spring counts are based on a King Size mattress (measuring 5ft/150cm wide). The amount of springs will alter in a pro-rata basis dependent on mattress size.

When two award-winning collections come together, you get the Pocket Ortho Collection. Providing all the support of our renowned, orthopaedically-correct designs, with the luxurious sleeping experience of a pocket spring bed.



DELPHINA 1400
1400 Pocket Springs. Contains Geltex.
Hand tufted. Features Unirail.

Geltex inside



ROMANO 1400
1400 Pocket Springs with 7 Zones of
soft foam. Contains Memory Foam.
Hand tufted. Features Unirail.

NB: Listed spring counts are based on a King Size mattress (measuring 5ft/150cm wide). The amount of springs will alter in a pro-rata basis dependent on mattress size.

ANNIVERSARY



ANNIVERSARY ORTHO
PostureTech ZD spring system
with Edgeguard.

The Anniversary Collection is a unique celebration of 65 years of orthopaedically correct Posturepedic design. The range includes state-of-the-art spring systems, along with Mini Pocket Springs, Latex and Edgeguard.

An exclusive range celebrating 65 years of luxurious and supportive Sealy beds.



ANNIVERSARY LATEX
PostureTech CS spring system.
Contains Latex and features Edgeguard.



ANNIVERSARY DELUXE
Features the PostureTech CS spring system
with 800 Mini Pocket Springs.
Features Edgeguard.



POSTUREPEDIC



LUXURY SUPPORT
PostureTech CS spring system
with a Pillow Top mattress.

The Sealy Posturepedic range is designed to eliminate the uncomfortable conditions of tossing and turning during sleep. Responding to body weight and pressure points, mattresses in this range incorporate 7 zones of foam to eliminate disturbance and aid restful sleep.



COOL. FRESH. DRY. HYPOALLERGENIC.



LATEX SUPPORT
PostureTech CS spring system.
Contains Latex.



MEMORY SUPPORT
PostureTech CS spring system.
Contains Memory Foam.



GELTEX SUPPORT
PostureTech CS spring system
with 4cm of Geltex



MILLIONAIRE FIRM
PostureTech ZD spring system
with Edgeguard.



ORTHO

Sealy has always been synonymous with beds that have orthopaedically correct design. Indeed we have a rich heritage in engineering sleep systems that can boast of being firm yet incredibly comfortable.

Our Ortho Collection has been specifically designed using our Zero Deflection Spring System and is perfect for anyone who prefers a very firm sleeping surface. They are also ideal for people of above average stature.



MILLIONAIRE ELITE
PostureTech ZD spring system
with Edgeguard.



MILLIONAIRE ORTHO
PostureTech ZD spring system
with Edgeguard.



COOL. FRESH. DRY. HYPOALLERGENIC.

CREDENTIALS



Sealy has been manufacturing renowned, high quality beds in the UK for over 40 years. We are exceptionally protective of our products and the superior standards we set. That is why we only align ourselves and work in partnership with those who can also bring benefits to our customers. We are proud to be supported by some of the country's leading sportspeople, sleep experts and specialist bodies.

Sealy currently holds the Which? Best Buy for our Pocket Teramo 1400.

Sealy have been named Interiors Monthly 'Bed Manufacturer of the Year' for the past 8 years.

Sealy is working in partnership with the British Chiropractic Association.

Sealy is endorsed by the Orthopaedic Advisory Board.

All Sealy divan frames and headboards are only made with FSC accredited timber.

Sealy UK is a member of FISP, the mark of sustainable excellence.

Sealy Smart Fibres are endorsed by Allergy UK for the elimination of house dust mites.

Sealy operates a BSI certified ISO9001 quality management system.

HEADBOARDS



There are three styles of headboard available; Lindisfarne, Borwick and Bonham. All styles are available in colours Caramel, Pewter, Espresso, Aubergine, Ebony, Heather and Coffee, and in sizes 90cm, 135cm, 150cm and 180cm.



BORWICK
Height: 70cm (excluding struts)



LINDISFARNE
Height: 135cm



BONHAM
Height: 61cm (excluding struts)



CARAMEL



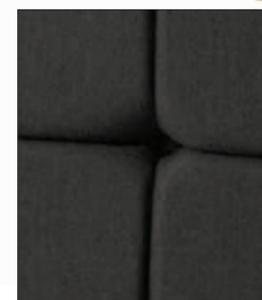
PEWTER



ESPRESSO



AUBERGINE



EBONY



HEATHER



COFFEE

DIVAN BASE FABRIC OPTIONS



CARAMEL

The Hybrid, Pocket and Anniversary Collections are available in Caramel.



PEWTER

The Hybrid, Pocket and Anniversary Collections are available in Pewter.



ESPRESSO

The Hybrid, Pocket and Anniversary Collections are available in Espresso.



AUBERGINE

The Hybrid, Pocket and Anniversary Collections are available in Aubergine.



EBONY

Only the Hybrid Collection is available in Ebony.



HEATHER

The Posturepedic and Ortho Collections are available in Heather.



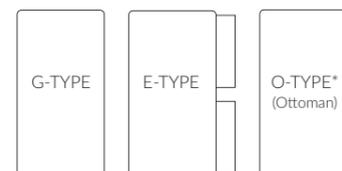
COFFEE

The Posturepedic and Ortho Collections are available in Coffee.

DIVAN BASE OPTIONS

90cm BASE OPTIONS

These bases are delivered as one piece. Select one from the illustrations below:



*The 90cm Ottoman base is 90cm x 200cm and is only available on the Hybrid, Pocket and Anniversary Collections.

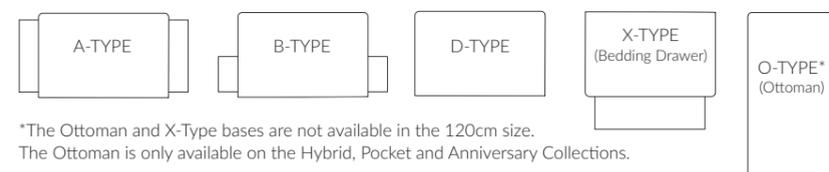
105cm BASE OPTIONS

These bases are delivered in two halves, split horizontally. The illustrations below are of each half of the base. The full base can be made in the following combinations: DD or LR.



120cm, 135cm and 150cm BASE OPTIONS

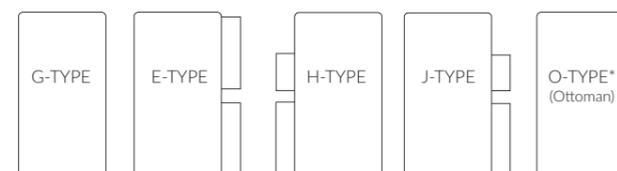
These bases are delivered in two halves split horizontally (except the Ottoman base which is split vertically). The illustrations below are of each half of the base. The full base can be made in the following combinations: AA, BA, DA, DD, BD, DX, BX, AX or OO.



*The Ottoman and X-Type bases are not available in the 120cm size. The Ottoman is only available on the Hybrid, Pocket and Anniversary Collections.

180cm BASE OPTIONS

These bases are delivered in two halves split vertically. The illustrations below are of half of the base. The full base can be made in the following combinations: GG, EE, HJ or OO.



*The Ottoman is only available on the Hybrid, Pocket and Anniversary Collections.

LOW BASE OPTION

A low base option (base depth 26cm rather than the standard 34cm) is available for mattresses from the Hybrid, Pocket and Pocket Ortho Collections.



OTTOMAN BASES

Offering innovative and easy access, Sealy's Ottoman base opens to reveal generous storage space. Manufactured in high quality, durable materials, the base units are extremely sturdy.

There are two options - the Manual Ottoman is simple to open and features powerful gas-lift hydraulics. The Electric Ottoman has a remote-control handset and requires no effort at all to raise the mattress.

SPECIFICATIONS

HYBRID COLLECTION	COMFORT GUIDE	QUILT TYPE	SPRING UNIT	MATTRESS DEPTH approx.	BASE DEPTH ex. castors/glides	OVERALL HEIGHT incl. castors/glides
REGENCY 3600	MEDIUM	PLAIN WATERFALL	3600 POCKET SPRINGS	34cm	34cm or 26cm	73cm (65cm*)
POCKET ULTIMA 2800	MEDIUM/GENTLE	PLAIN WATERFALL	2800 POCKET SPRINGS	30cm	34cm or 26cm	69cm (61cm*)
POCKET PERFECTION 2200	MEDIUM	PLAIN WATERFALL	2200 POCKET SPRINGS	28cm	34cm or 26cm	67cm (59cm*)
POCKET SERENITY 1400	MEDIUM/FIRM	PLAIN WATERFALL	1400 POCKET SPRINGS	29cm	34cm or 26cm	68cm (60cm*)
FUSION	MEDIUM/GENTLE	PLAIN WATERFALL	MINI POCKET & POSTURETECH CS SPRING SYSTEM	30cm	34cm or 26cm	69cm (61cm*)

The Hybrid Collection is available in the following sizes: 90x190cm, 135x190cm, 150x200cm, 180x200cm. Bases available in two depths: 34cm and Low Base Option 26cm.

(*if Low Base chosen)

POCKET COLLECTION	COMFORT GUIDE	QUILT TYPE	SPRING UNIT	MATTRESS DEPTH approx.	BASE DEPTH ex. castors/glides	OVERALL HEIGHT incl. castors/glides
CATANIA 2600	GENTLE	MICRO-QUILTED BOX TOP	2600 POCKET SPRINGS	40cm	34cm or 26cm	79cm (71cm*)
PADOVA 2200	MEDIUM/GENTLE	MICRO-QUILTED EURO TOP	2200 POCKET SPRINGS	32cm	34cm or 26cm	71cm (63cm*)
TERAMO 1400	GENTLE	MICRO-QUILTED PILLOW TOP	1400 POCKET SPRINGS	29cm	34cm or 26cm	68cm (60cm*)
NAPOLI 1200	MEDIUM	MICRO-QUILTED PILLOW TOP	1200 POCKET SPRINGS	28cm	34cm or 26cm	67cm (59cm*)

The Pocket Collection is available in the following sizes: 90x190cm, 135x190cm, 150x200cm, 180x200cm (180x200cm also available as a Zip & Link). Bases available in two depths: 34cm and Low Base Option 26cm.

(*if Low Base chosen)

POCKET ORTHO COLLECTION	COMFORT GUIDE	QUILT TYPE	SPRING UNIT	MATTRESS DEPTH approx.	BASE DEPTH ex. castors/glides	OVERALL HEIGHT incl. castors/glides
NAVERRO 1400	MEDIUM/FIRM	HAND-TUFTED	1400 POCKET SPRINGS	30cm	34cm or 26cm	69cm (61cm*)
DELPHINA 1400	MEDIUM/FIRM	HAND-TUFTED	1400 POCKET SPRINGS	29cm	34cm or 26cm	68cm (60cm*)
ROMANO 1400	FIRM	HAND-TUFTED	1400 POCKET SPRINGS	25cm	34cm or 26cm	64cm (56cm*)

The Pocket Ortho Collection is available in the following sizes: 90x190cm, 135x190cm, 150x200cm, 180x200cm (180x200cm also available as a Zip & Link). Bases available in two depths: 34cm and Low Base Option 26cm.

(*if Low Base chosen)

ANNIVERSARY COLLECTION	COMFORT GUIDE	QUILT TYPE	SPRING UNIT	MATTRESS DEPTH approx.	BASE DEPTH ex. castors/glides	OVERALL HEIGHT incl. castors/glides
ANNIVERSARY DELUXE	MEDIUM/GENTLE	MICRO-QUILTED	MINI POCKET AND POSTURETECH CS SPRING SYSTEM	32cm	34cm	71cm
ANNIVERSARY LATEX	MEDIUM/GENTLE	MICRO-QUILTED	POSTURETECH CS SPRING SYSTEM	30cm	34cm	69cm
ANNIVERSARY ORTHO	MEDIUM	HAND-TUFTED	POSTURETECH ZD SPRING SYSTEM	28cm	34cm	67cm

The Anniversary Collection is available in the following sizes: 90x190cm, 120x190cm*, 135x190cm, 150x200cm, 180x200cm (180x200cm also available as a Zip & Link) *Only Anniversay Latex and Anniversary Ortho available as a 120x190cm.

POSTUREPEDIC COLLECTION	COMFORT GUIDE	QUILT TYPE	SPRING UNIT	MATTRESS DEPTH approx.	BASE DEPTH ex. castors/glides	OVERALL HEIGHT incl. castors/glides
GELTEX SUPPORT	MEDIUM	MICRO-QUILTED	POSTURETECH CS SPRING SYSTEM	28cm	34cm	67cm
LATEX SUPPORT	MEDIUM	MICRO-QUILTED	POSTURETECH CS SPRING SYSTEM	28cm	34cm	67cm
LUXURY SUPPORT	MEDIUM	MICRO-QUILTED PILLOW TOP	POSTURETECH CS SPRING SYSTEM	29cm	34cm	68cm
MEMORY SUPPORT	MEDIUM/FIRM	MICRO-QUILTED	POSTURETECH CS SPRING SYSTEM	28cm	34cm	67cm

The Posturepedic Collection is available in the following sizes: 90x190cm, 105x200cm, 120x190cm, 135x190cm, 150x200cm, 180x200cm (180x200cm also available as a Zip & Link)

ORTHO COLLECTION	COMFORT GUIDE	QUILT TYPE	SPRING UNIT	MATTRESS DEPTH approx.	BASE DEPTH ex. castors/glides	OVERALL HEIGHT incl. castors/glides
MILLIONAIRE ORTHO	FIRM	HAND-TUFTED	POSTURETECH ZD SPRING SYSTEM	29cm	34cm	68cm
MILLIONAIRE ELITE	FIRM	HAND-TUFTED	POSTURETECH ZD SPRING SYSTEM	28cm	34cm	67cm
MILLIONAIRE FIRM	FIRM	HAND-TUFTED	POSTURETECH ZD SPRING SYSTEM	28cm	34cm	67cm

The Ortho Collection is available in the following sizes: 90x190cm, 105x200cm, 120x190cm, 135x190cm, 150x200cm, 180x200cm (180x200cm also available as a Zip & Link)

NB: Listed spring counts are based on a King Size mattress (measuring 5ft/150cm wide). The amount of springs will alter in a pro-rata basis dependent on mattress size.